

KINROSS CURLING CLUB INVITE YOU TO A

# FREE TASTER SESSION

#### MONDAY 16 SEPTEMBER 6-8PM

KINROSS ICE RINK (BEHIND GREEN HOTEL) EMAIL: SECRETARY@ KINROSSCURLINGCLUB.COM PHONE: 07956338295

## DID YOU KNOW?

ONE CURLING SESSION IS A GREAT AEROBIC WORKOUT, EQUIVALENT TO A GYM SESSION!

KINROSS CURLING CLUB IS THE OLDEST MENS' CURLING CLUB IN THE WORLD, CELEBRATING OUR 350™ ANNIVERSARY LAST YEAR!

**ANYONE CAN PLAY!** 

WE PLAY COMPETITIONS THROUGHOUT THE SEASON FOR ALL LEVELS OF ABILITY AND EXPERIENCE

CURLING IS QUICK TO LEARN, AND YOU WILL BE ABLE TO PLAY IMMEDIATELY

OUR FRIENDLY CLUB OFFERS THE CHANCE TO MEET PEOPLE FROM ACROSS YOUR LOCAL COMMUNITY & MAKE NEW FRIENDS

WE HAVE DELIVERY STICKS AVAILABLE, WHICH ENABLE ANYONE WITH MOBILITY ISSUES TO TAKE PART

EVERYTHING YOU NEED IS PROVIDED! COME ALONG IN WARM, LOOSE CLOTHING AND CLEAN, FLAT SHOES (LIKE TRAINERS)

## **GET INVOLVED**

WE WARMLY WELCOME YOU TO A FREE TASTER SESSION. COME ALONG TO LEARN THE BASICS AND MEET OUR MEMBERS ON:

#### **MONDAY 16 SEPTEMBER**

FROM 6PM AT:

#### KINROSS ICE RINK GREEN ROAD KINROSS KY13 8TU

(ENTRANCE BEHIND THE GREEN HOTEL)

### FOR MORE INFO

VISIT OUR WEBSITE: WWW.KINROSSCURLINGCLUB.COM

PHONE: 07956338295 EMAIL: SECRETARY@ KINROSSCURLINGCLUB.COM

FOLLOW US ON FACEBOOK: @KINROSSCURLINGCLUB